



Past Training Offerings

Fostering Identity Development and Resilience in Youth • June 22, 2021

Lived experiences and losses often create ambiguity and uncertainty leading to grief, loss of self-esteem, and personal challenges. Participants in this skills-building training will explore and identify opportunities to foster youth identity and resilience. Focused attention will be on 'trends' in identity formation, including substance use and social media. Challenges and opportunities for vulnerable youth, including those that have experienced trauma, foster and adopted youth, those raised by caregivers struggling with substance use disorder, mental illness, will be explored.

Hosted by MCYJ in collaboration with the National Association of Social Workers.

A Brief Introduction to Motivational Interviewing and the OARS Skills with Youth • May 25, 2021

Motivational Interviewing, an evidence-based and client-centered directive communication style that aims to elicit a client's own motivation for change by paying detailed attention to client language. Nuanced clinician responses to this language evoke the language of change from clients in an atmosphere of compassion and self-efficacy. Participants were also introduced to the basic OARS skills of open-ended questions, affirmations, reflections, and summaries.

Hosted by MCYJ in collaboration with the National Association of Social Workers.

Introduction to Collaborative and Restorative Conflict Management with Youth • March 25, 2021

Nearly every clinical social worker, regardless of whether they work in a hospital, school, or residential facility, will deal in conflict resolution at one point during their career. A proven technique, restorative conflict management is a critical skill to gain and maintain as a social worker. This training explored the restorative conflict management approach to working with youth.

Hosted by MCYJ in collaboration with the National Association of Social Workers.

Ethics and Telehealth: Working with Youth • February 3, 2021

Ethics and legal mandates are more than guiding principles; they serve as the foundation for practice. This seminar provided an overview of the Code of Ethics and laws. At the same time, it also explored the many slippery slopes often present when working with youth, including boundaries and dual roles, social engagement, use of media, confidentiality, etc. Focused attention was given to the changes in the Code of Ethics (2017) and use of telehealth. A model to guide decision-making was explored.

Hosted by MCYJ in collaboration with the National Association of Social Workers.

Working with Justice-Impacted Youth: Building Cultural Competencies Through a Trauma Lens • June 26 and 27, 2020

This was a two-day, in-depth training for professionals and students hoping to work more effectively with justice-impacted youth. We discussed successful strategies for youth engagement, heard directly from adults who had been impacted by the system as youth, and provided participants with an opportunity to learn from, and problem-solve with, local experts.

Hosted by MCYJ in collaboration with the National Association of Social Workers.

Using Gender-Based Licensing Variance Requests to Support Transgender and Gender Non-Conforming Youth • April 24, 2020

This webinar training was for juvenile justice and child welfare workers involved in youth placement decision-making and provided specific instruction on the background and use of the gender-based license variance. The training provided a brief introduction to SOGIE terminology, outlined the needs of LGBTQ+ youth, as well as the process for submitting a variance request to house youth in juvenile justice and child welfare settings according to their gender identity to support youth safety and well-being.

Hosted by MCYJ, in partnership with Ruth Ellis Center, Michigan Department of Health and Human Services (MDHSS) Division of Child Welfare Licensing, and Shannan Wilber of National

Center for Lesbian Rights (NCLR). [A recording of this training is available here.](#)

Working Effectively with Formerly Incarcerated People: Understanding Trauma and Addressing Barriers • June 20 and 21, 2019

This training was held for social workers, clinicians, case managers, practitioners and anyone else who wanted to learn how to work more effectively with formerly incarcerated adults.

Hosted by MCYJ and the ACLU-MI, in partnership with the National Association of Social Workers.

Working with Justice-Impacted LGBTQ+ People • March 14 and 15, 2019

This was a two-day, in-depth training for practitioners who wanted to learn how to work more effectively with LGBTQ+ people who have been affected by the juvenile and/or criminal justice systems. We explored challenges, clinical implications, heard directly from impacted people, and provided attendees with an opportunity to learn from, and problem-solve with, local experts.

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